

Artisan Bakers
HUSH HUSH CHEFS



FILO PIES & QUICHES

2015 CATALOGUE

100% all natural

UNIQUE PRODUCTS

BUTTER FREE



COOKED TO ORDER
FRESHLY MADE AND DELIVERED CHILLED
READY TO EAT

NO PRESERVATIVES OR MSG

ALL HANDMADE BY ARTISAN BAKERS

About Hush Hush Chefs

At Hush Hush Chefs we prepare and cook our delicious recipes to order on a daily basis. We pride ourselves in using only the finest and freshest ingredients available. All dishes are prepared by our team of highly trained chefs - we don't use any processed ingredients and our goal is 100% customer satisfaction ensuring we deliver your order on time and ready to serve.

We are regularly adding to our extensive range of recipes - if you would like to sample any of our mouthwatering meals and pastries simply call us on 020 8961 9143 or e-mail info@hushhushchefs.co.uk

Hush Hush in Action

We've created a range of superlative products. Many are unique and some are classics. Once we receive your order our team of chefs will then prepare everything for you – ready for chilled delivery the following morning.

Hush Hush Chefs do not use GM products, MSG, artificial colouring or flavour enhancing chemicals or preservative.

All our products are handmade and individually produced to order allowing you to display your choice of dishes and pastries immediately upon arrival.

We are flexible and can customise products exclusively to order.

Contact Us Today

To sample any of our products please call Alain on 07540 257 338 or e-mail info@hushhushchefs.co.uk

Filo Pastry Pies

All hand made, freshly prepared and cooked fillings placed within layers of thin flakey dough (filo) by our experienced chefs and baked with care until golden brown outside and boasting with flavours inside. Delicious and light.



SPINACH & FETA (V)

Fillings:
Spinach, Feta cheese and caramelized onions.

Delivered in boxes protected with clear bags.
Box dimensions: 310 mm x 460 mm x 100 mm

Recommended portions: 15 slices



SPINACH & RICOTTA (V)

Fillings:

Spinach, ricotta cheese and caramelized onions.

Delivered in boxes protected with clear bags.

Box dimensions: 310 mm x 460 mm x 100 mm

Recommended portions: 15 slices



SPICY CHORIZO

Fillings:

Spicy Spanish chorizo, roasted red and yellow peppers, caramelized onions, potatoes and fresh parsley.

Delivered in boxes protected with clear bags.

Box dimensions: 310 mm x 460 mm x 100 mm

Recommended portions: 15 slices



CHICKEN & MUSHROOM

Fillings:

Roasted chicken breast, roasted mushrooms, cheddar cheese, parmesan cheese, coriander and parsley.

Delivered in boxes protected with clear bags.

Box dimensions: 310 mm x 460 mm x 100 mm

Recommended portions: 15 slices



BEEF & ROASTED PEPPERS

Fillings:

Beef, roasted red and yellow peppers, caramelized onions and parsley.

Delivered in boxes protected with clear bags.

Box dimensions: 310 mm x 460 mm x 100 mm

Recommended portions: 15 slices



ROASTED MUSHROOM & CHEESE (V)

Fillings:

Roasted mushrooms, cheddar cheese, vegetarian parmesan cheese and parsley.

Delivered in boxes protected with clear bags.

Box dimensions: 310 mm x 460 mm x 100 mm

Recommended portions: 15 slices



COURGETTE & FETA (V)

Fillings:

Grated courgette, feta cheese, fresh parsley, coriander and basil.

Delivered in boxes protected with clear bags.

Box dimensions: 310 mm x 460 mm x 100 mm

Recommended portions: 15 slices



FETA & RICOTTA (V)

Fillings:

Feta cheese, ricotta cheese and fresh parsley.

Delivered in boxes protected with clear bags.

Box dimensions: 310 mm x 460 mm x 100 mm

Recommended portions: 15 slices



ROASTED AUBERGINE & MIX VEGETABLES (V)

Fillings:

Roasted aubergine, roasted red and yellow peppers, goat's cheese, parmesan cheese and fresh basil.

Delivered in boxes protected with clear bags.

Box dimensions: 310 mm x 460 mm x 100 mm

Recommended portions: 15 slices



HONEY ROASTED HAM & CHEESE

Fillings:

Honey roasted ham, cheddar cheese, caramelized onions, peas, honey and oregano

Delivered in boxes protected with clear bags.

Box dimensions: 310 mm x 460 mm x 100 mm

Recommended portions: 15 slices



Filo Pastry Quiches

Our homemade quiches, prepared with quality ingredients, vegetables roasted separately prior to baking and placed on open shape filo pastry based. Topped with parmesan cheese and baked to golden brown and full of flavors. Our quiches are unique creations of our own recepies, very popular, tasty and eye catching...



ROASTED VEGETABLES & GOAT'S CHEESE (V)

Fillings:

Roasted aubergines, roasted red and yellow peppers, goat's cheese, vegetarian parmesan cheese and fresh basil.

Delivered in boxes protected with clear bags.
Box dimensions: 320 mm x 320 mm x 80 mm

Recommended portions: 10 slices



SPINACH & FETA WITH PINE NUTS (V)

Fillings:

**Spinach, feta cheese, ricotta cheese
vegetarian parmesan cheese
and pine nuts.**

Delivered in boxes protected with clear bags.
Box dimensions: 320 mm x 320 mm x 80 mm

Recommended portions: 10 slices



ASPARAGUS & PEAS (V)

Fillings:

**Asparagus spears, peas, potatoes,
cheddar cheese, caramelized onions,
and vegetarian parmesan cheese,**

Delivered in boxes protected with clear bags.
Box dimensions: 320 mm x 320 mm x 80 mm

Recommended portions: 10 slices



CHICKEN & MUSHROOM

Fillings:

**Roasted chicken breast, roasted mushrooms,
roasted red and yellow peppers cheddar cheese,
parmesan cheese, fresh coriander and parsley.**

Delivered in boxes protected with clear bags.
Box dimensions: 320 mm x 320 mm x 80 mm

Recommended portions: 10 slices



HONEY ROASTED HAM & CHEESE

Fillings:

Honey roasted ham, caramelized onions, peas, cheddar cheese, parmesan cheese, honey and oregano.

Delivered in disposable aluminium trays, protected with .
Box dimensions: 320 mm x 320 mm x 80 mm

Recommended portions: 10 slices



SPICY CHORIZO

Fillings:

Spicy Spanish chorizo, roasted red and yellow peppers, caramelized onions, potatoes and fresh parsley.

Delivered in boxes protected with clear bags.
Box dimensions: 320 mm x 320 mm x 80 mm

Recommended portions: 10 slices



BEETROOT & GOAT'S CHEESE WITH WALNUT & PRUNES (V)(N)

Fillings:

Beetroot, spinach, goat's cheese, cottage cheese, vegetarian parmesan cheese, prunes and walnuts.

Delivered in boxes protected with clear bags.
Box dimensions: 320 mm x 320 mm x 80 mm

Recommended portions: 10 slices



Oven Baked Vegan Dish

VEGAN AUBERGINE BOAT (V)

Roasted aubergine filled with smoked aubergine caviar, roasted vegetables, fresh herbs baked in rich tomato sauce and spices, topped with cherry tomatoes.

Delivered in disposable aluminium trays, protected with clear bags.
Box dimensions: 310 mm x 460 mm x 100 mm

Recommended portions: 6 pieces



Salads

GREEK SALAD (V)

Feta cheese, cherry tomatoes, cucumbers, olives and fresh mint.

COUSCOUS SALAD (V)

Couscous, red peppers, cucumbers, raisins, chickpeas and fresh parsley.

WHITE CABBAGE AND POMEGRANATE (V)

White cabbage, bradbourn apples, pomegranate and fresh parsley.

Filo Pastry Triangles

Delicious filo triangle pockets with a selection of different fillings and topped with nigella seeds



- SPINACH & FETA (V) (N)
- SPINACH & TAHINI (V) (N)
- SPINACH & RICOTTA (V) (N)
- BEEF & ROASTED PEPPERS (N)
- CHICKEN & MUSHROOM (N)
- MUSHROOM & CHEESE (V) (N)
- COURGETTE & FETA (V) (N)
- FETA & RICOTTA (V) (N)
- ROASTED AUBERGINE & MIX VEGETABLES (V) (N)
- HONEY ROASTED HAM & CHEESE (N)
- SPICY CHORIZO (N)

Filo Pastry Rolls

Delicious filo rolls with a selection of different fillings and topped with nigella seeds.



- SPINACH & FETA (V) (N)
- SPINACH & TAHINI (V) (N)
- SPINACH & RICOTTA (V) (N)
- BEEF & ROASTED PEPPERS (N)
- CHICKEN & MUSHROOM (N)
- MUSHROOM & CHEESE (V) (N)
- COURGETTE & FETA (V) (N)
- FETA & RICOTTA (V) (N)
- ROASTED AUBERGINE & MIX VEGETABLES (V) (N)
- HONEY ROASTED HAM & CHEESE (N)
- SPICY CHORIZO (N)

Soups

All our soups are 100% Natural. This all means that we make high quality soup that you can trust is good for you and your community.

MEDITERRANEAN LENTIL (V)

A creamy smooth hearty soup, prepared with red lentils, fresh parsley and vegetables.

MUSHROOM AND CORIANDER (V)

Smooth cream, mushroom and fresh herbs soup.

CHICKEN AND VERMICELLI

Delicious chicken broth soup with chicken slices, vegetables and vermicelli.

BUTTERNUT SQUASH AND SPINACH (V)

A warming combination of butternut squash, sweet potatoes and spinach.

TOMATO AND BASIL (V)

Smooth tomato and basil, rich in flavour and aroma.

SPICED LENTIL AND COCONUT (V)

A creamy smooth hearty soup, prepared with red lentils, fresh parsley and vegetables enriched with coconut milk.



All our products are handmade therefore we cannot guarantee the appearance to be identical to each tray.

Allergens:

Our products are produced in a kitchen which handles nuts and nut products. Therefore we cannot guarantee that our products are completely nut free.

Allergy advice:

Our kitchen also handles wheat, gluten, barley, celery, cow's milk and mustard.



HUSH HUSH CHEFS

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